

## Kindergarten-1st Grade Basketball Rules

Warm time before game will be five minutes.

Half-time will be five minutes.

All teams will be allowed four time outs per game, consisting of three full time outs and one thirty second time out.

All game that end in a tie at the end of regulation play will play one additional two-minute quarter, with each team being granted one additional time-out. If the game is still tied after the additional two-minute overtime the game will be considered a tie and 4th quarter rules will apply.

Quarter Length: (2) Twelve minute halves

Basketball Height: Eight Feet

Basketball: Women's Basketball

Defense: (2) Zone defense may be used (2-1-2) One foot must be in the lane.

\*No full or half court pressing will be allowed in this age level. (Note: Last Rule)

Court: Game will be played cross court

Personal fouls and team fouls will not be kept.

Score will be kept.

All players should get equal playing time.

Must have 5 players to start the game. Less than 5 will be a forfeit. However, if a player(s) fouls out, the game can be finished with only 4 players.

No "overloading" on one side. No more than two offensive players on each side.

Each team may have no more than 1 coach and 1 assistant. One coach on the floor at all times. No more than one coach at each end.

\*Defensive pressure may occur the last 30 seconds of a contest in the front or backcourt areas. This will only be allowed after the ball is in bounded without any pressure.

All team members must have matching jerseys (T-shirts, Uniforms, etc)

