

## 2<sup>nd</sup> and 3rd Grade Basketball Rules

### **Rules For All Ages:**

Warm time before game will be five minutes.

Half-time will be five minutes.

All teams will be allowed four time outs per game, consisting of three full time outs and one thirty second time out.

All game that end in a tie at the end of regulation play will play one additional two-minute quarter, with each team being granted one additional time-out.

Quarter Length: (4) Five minute quarters

Basketball Height: Ten Feet

Basketball: 28.5 Women's Basketball

\*\*\*Zone Defense: (3) Zone defense may be used (2-1-2) NO man-to-man

\*\*\*\*\*No Double dribbles (Will be enforced)

\*\*\*\*\*Players should know the skills of dribbling. All walks will not be called but MAJOR walks will.

No full court pressing will be allowed in this age level.

Press may only begin after the 1<sup>st</sup> pass from the offense.

Court: Full Court

All players should get equal playing time.

If a player is continually aggressive, the official has the right to remove them from the game and may or may not allow them to re-enter the game.

Defensive pressure may occur the last 30 seconds of each half (2<sup>nd</sup> and 4<sup>th</sup> quarters) in the front or backcourt areas. This will only be allowed after the ball is in bounded without any pressure. If the ball is in bounded in the backcourt a defensive player must remain in the front court till the offensive player has possession or the clock has started for play.

Must have 5 players to start the game. Less than 5 will be a forfeit. However, if a player(s) fouls out, the game can be finished with only 4 players.

Each team may have no more than 1 coach and 1 assistant.

All team members must have matching jerseys (T-shirts, Uniforms, etc)